

This section includes the following EZ/EC Health Benchmarking Demonstration Project materials relevant to conducting needs and assets assessments.

List of Potential Health Measures .....12

*Identifies general measures of community health and quality of life that may be used by EZ/ECs to: 1) determine types of data to be collected and analyzed (if available) as part of an EZ/EC health needs and assets assessment; and 2) promote discussion among EZ/EC leaders, residents, and health improvement groups about the types of health measures that are most meaningful for objective setting and regular monitoring.*

Introductory Remarks: Stakeholder Interviews .....14

*Outlines the main points reviewed by project staff at the beginning of stakeholder interviews, which were conducted to learn EZ/EC community perceptions of health issues and to learn what would motivate participation in the EZ/EC health improvement process. Designed to precede discussion questions in the “Stakeholder Interview Guide” below.*

Stakeholder Interview Guide .....15

*Discussion guide for face-to-face stakeholder interviews with individuals and groups in the EZ/EC. Provides key words and phases rather than fully written questions, which allows the interviewer to tailor questions to the audience. May be offered as a handout to interviewees to prompt discussion of health issues that concern them.*

Policy Maker Interview Guide .....16

*Modified stakeholder interview guide for use with policy makers in the EZ/EC, such as mayors, city council leaders, and appointed officials.*

Example — Health Needs and Assets Assessment Checklist (Wilmington, DE).....17

*Outlines health needs and assets assessment activities in a work plan format. May be used to select assessment tasks that the EZ/EC will undertake, identify primary persons responsible for the tasks, and due dates. Also includes tasks relevant to setting objectives and communicating progress.*

Example—Community Bibliographies (New Haven, CT, and Wilmington, DE).....23

*Lists source materials used in the preparation of EZ/EC health needs and assets assessment reports. May be used by EZ/ECs to consider the potential utility and availability of similar information sources for their local assessments.*

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## LIST OF POTENTIAL HEALTH MEASURES

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### **BUSINESS HEALTH**

Bankruptcy rate  
Foreclosure rate  
New businesses trend  
Workmen's compensation claims

### **COMMUNITY MANAGEMENT**

Interagency networks (Y/N)  
Open city council meetings (Y/N)  
Planning – economic development, social  
planning council (Y/N)  
Policy environment (Favorable/ Not)  
Readiness- fire escape plans, CPR training,  
retirement preparation (Y/N)  
Representation in community groups (Y/N)  
Responsiveness- emergencies (Y/N)  
Volunteerism level  
Voter turnout

### **DEMOGRAPHICS**

Age distribution  
Education levels  
Income- median  
Occupations  
Population growth trends  
Population stability  
Poverty levels  
Unemployment rates

### **GROWTH AND NUTRITION**

Developmentally delayed children  
Disability prevalence  
Enrollment in entitlement programs  
Elders who participate in fitness programs  
Life expectancy  
Self-reported health status  
WIC

### **HEALTH BEHAVIORS**

Alcohol use/ abuse prevalence  
Exercise levels  
Fruit and vegetable consumption  
Overweight prevalence  
Smoking prevalence  
Substance abuse treatment need

### **HEALTH CARE RESOURCES**

Insurance status prevalence  
MA providers  
Managed care penetration

### **HEALTH CARE UTILIZATION**

Hospital use rate  
Preventable hospitalizations rate

### **HEALTH OF MOTHERS AND CHILDREN**

Contraceptive services and need  
Low birth weight babies percent  
Prematurity prevalence  
Prenatal care percent  
Teen parenting prevalence

### **MORBIDITY**

Caries immune children  
Communicable diseases rates  
Vaccine preventable diseases/ deaths  
Mental illness prevalence

### **MORTALITY**

Infant mortality –neonatal, postneonatal  
Major killers – CHD, cancer, stroke,  
homicide, suicide, motor  
vehicle injuries, unintentional  
injuries, diabetes, COPD  
Overall and age-level

### **PHYSICAL ENVIRONMENT**

Environmental conditions –air, water,  
recreational water sites quality  
Environmental hazards  
Epidemics  
Household smoke detectors prevalence  
Households on water and sewage treatment  
systems, septic systems  
Household fuel efficiency  
Household recycling  
Industrial waste recycling  
Lead paint housing vulnerability, soil  
Local industries  
Natural disasters  
Nuisance Index – noise, dirt, odors  
Wildlife diversity

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## LIST OF POTENTIAL HEALTH MEASURES

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### PREVENTIVE MEASURES

Blood pressure checks  
Childhood immunization use  
Cholesterol checks  
Colon cancer screening prevalence  
Diabetic eye and foot exams  
Flu vaccine use among the elderly  
Mammography prevalence  
Pap prevalence  
Recreation center use  
Religious center use

### SOCIAL SUPPORT MEASURES

Bike path mileage  
Child abuse investigations  
Domestic violence services  
Family and friend support networks  
Law enforcement  
Neighborhood Watch Programs  
Self help group participation  
Suicide prevention services  
Transportation services

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## INTRODUCTORY REMARKS: STAKEHOLDER INTERVIEWS

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(Information for the project interviewer to cover with participants before beginning stakeholder interviews.)

- **Introduction by name and organization.**
- **Background of EZ/EC Health Benchmarking Project**
  - DHHS effort to assure that growth and revitalization of EZ/ECs include strategies for improving and measuring health
  - Economic growth byproduct of healthy community
  - Three demonstration sites (Enterprise Communities) – name other two
  - Goal of project is health benchmarks that reflect community needs and appropriate public health standards
  - PHF selected for TA role - to assist sites with assessing needs and assets of the community and establishing benchmarks
  - PHF will document processes to assist communities – apply lessons learned to other EZ/ECs
- **Benchmarking has five components**
  - Engaging community partners
  - Assessing community health needs and assets
  - Setting priorities
  - Establishing benchmarks
  - Communicating conclusions
- **Interviews today**
  - Part of engaging community partners
  - You have been identified as one of many stakeholders
  - Should take approx. 45 minutes
  - Objectives of these interviews:
    - ✓ Get input on what community thinks are important issues – ideas for change
    - ✓ Help us define community needs and resources – shape parameters of our effort
    - ✓ Ascertain what will drive your continued participation in the process
- **Next step: Will be summarized for the first Advisory Group meeting.**
- **Give the stakeholder an interview guide.**

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## STAKEHOLDER INTERVIEW GUIDE

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### **HEALTH NEEDS OF THE ENTERPRISE COMMUNITY**

- What are the priority health needs of the EZ/EC?
- What should the needs assessment address?
- Recent and projected changes?
- Problem areas? Barriers to provision of services?
- Contributors to problems?
- Special populations (AIDS, uninsured, Medicaid, prenatal care, ...)

### **HEALTH RESOURCES OF THE ENTERPRISE COMMUNITY**

- Adequacy/sufficiency of current resources?
- Is there coordination of current resources?
- Recent changes in access to health resources? Projected changes?
- Recent changes in utilization of health resources? Projected changes?

### **PROJECTED NEEDS AND RESOURCES**

- What will the county look like in 5 years?
- What changes are necessary?
- What changes are likely?

### **PUBLIC/PRIVATE RELATIONSHIP**

- Duplication of services?
- Gaps in services?
- Other than health department, who meets public health needs?

### **ROLE OF STATE AND CITY GOVERNMENT**

- Assessment of needs?
- Provision of services? Assurance that services are provided?
- Integration of eligibility for all programs?

### **ENVIRONMENTAL ISSUES**

- Major concerns?
- EZ/EC role/ health department role? State role?
- Adequacy of environmental protection?

### **KEY PLAYERS**

- Who influences the delivery of public health services?
- Who influences health department programs and policies?

### **ECONOMIC ISSUES**

- How is health linked with economic prosperity in the EZ/EC?
- Are any of the economic efforts of the EZ/EC tied to health? Can they be?
- What is the major economic development issue?
- What is the main health issue affecting economic success?

### **WISH LIST**

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## POLICY MAKER INTERVIEW GUIDE

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### HEALTH NEEDS OF THE ENTERPRISE COMMUNITY

- What are they?
- Recent and projected changes?
- Problem areas? Barriers to provision of services?
- Contributors to problems?
- Special populations (AIDS, uninsured, Medicaid, prenatal care, ...)

### HEALTH RESOURCES OF THE ENTERPRISE COMMUNITY

- Adequacy/sufficiency of current resources?
- Recent changes in access? Projected changes?
- Recent changes in utilization? Projected changes?

### LOCAL HEALTH DEPARTMENT

- Image of the health department?
- Effectiveness of the health department?
- Most important health department programs/roles?

### PROJECTED NEEDS AND RESOURCES

- What will the county look like in 5 years?
- What changes are necessary?
- What changes are likely?

### PUBLIC/PRIVATE RELATIONSHIP

- Duplication of services?
- Gaps in services?
- Other than health department, who meets public health needs?

### ROLE OF CITY GOVERNMENT

- Assessment of needs?
- Provision of services? Assurance that services are provided?
- Integration of eligibility for all programs?

### ENVIRONMENTAL ISSUES

- Major concerns?
- EZ/EC role/ health department role? State role?
- Adequacy of environmental protection?

### KEY PLAYERS

- Who influences the delivery of public health services?
- Who influences health department programs and policies?

### ECONOMIC ISSUES

- How is health linked with economic prosperity in the EZ/EC?
- What is the major economic development issue?
- What is the main health issue affecting economic success?

### WISH LIST

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## EXAMPLE — HEALTH NEEDS AND ASSETS ASSESSMENT CHECKLIST (WILMINGTON, DE)

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### Wilmington Enterprise Community

Needs and Assets Assessment Activity	Primary Person	Date Due/Done
<b>Engaging Community Partners for EZ/EC Assessment</b>		
<p><b>Advisory group recruitment</b> Develop list of prospective Advisory Group members. Finalize list with EC Director. Determine the Advisory Group Chair.</p> <p><b>Advisory group appointment</b> Send letter of invitation to prospective Advisory Group members. Create Advisory Group membership list.</p> <p><b>Advisory group has a mission</b> Write a mission statement for Advisory Group; incorporate the EC mission statement. Share with Advisory Group.</p> <p><b>Advisory group is informed</b> Assemble material for first Advisory Group meeting- draft mission statement, written plan, and summary of findings.</p> <p><b>Advisory group has a written plan</b> Write plan for needs assessment.</p> <p><b>Advisory group has an administrative structure for accomplishing work</b> Develop a structure within which the Advisory Group will work. Write up structure.</p> <p><b>Advisory group staffing identified</b> Develop resource people available to the Health Benchmarking Project activities.</p> <p><b>Resources for assessment activities identified</b> Delaware Division of Public Health is assembling data; EC has allocated staff time; administrative support from ???</p>		

Example materials from the **EZ/EC Health Benchmarking Demonstration Project**, a joint project of the Public Health Foundation ([www.phf.org](http://www.phf.org)) and the Assistant Secretary for Planning and Evaluation and Office of Disease Prevention and Health Promotion, Department of Health and Human Services ([www.dhhs.gov](http://www.dhhs.gov))

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## EXAMPLE — HEALTH NEEDS AND ASSETS ASSESSMENT CHECKLIST (WILMINGTON, DE)

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### Wilmington Enterprise Community

Needs and Assets Assessment Activity		Primary Person	Date Due/Done
<b>Engaging Community Partners for EZ/EC Assessment</b>			
	<p>Provide PHF with HUD software for exploration of utility in the Benchmarking Project. Provide a map of the EC Boundaries.</p> <p><b>Expertise identified</b> <i>Locate and authorize access to statisticians, data manipulators, surveyors, policy writers, program personnel, etc.</i></p> <p><b>Advisory Group Meets</b> <i>Regional Health Director is invited to first Advisory Group meeting.</i> <i>Advisory Group meets for first time.</i> <i>Advisory Group meets for second time.</i> <i>Advisory Group meets for third time.</i></p>		
<b>Identifying Community Health Needs and Assets</b>			
	<p><b>Ascertain key player perspectives (List of specific health issues and contributing factors)</b> Develop list of key players and stakeholders. Invite key players and stakeholders to participate in interviews <i>Develop Interview Guide. Interviews with key players, Advisory Group, Delaware DH representatives.</i></p> <p><i>Develop a list of potential interviewees</i> <i>Conduct phone interviews where in-person interviews not possible. Develop a list of health issues from the interviews.</i> Interview key players and stakeholders.</p> <p>Summarize issues—policy, health issues, key players, prior assessments.</p>		

Example materials from the **EZ/EC Health Benchmarking Demonstration Project**, a joint project of the Public Health Foundation ([www.phf.org](http://www.phf.org)) and the Assistant Secretary for Planning and Evaluation and Office of Disease Prevention and Health Promotion, Department of Health and Human Services ([www.dhhs.gov](http://www.dhhs.gov))

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## EXAMPLE — HEALTH NEEDS AND ASSETS ASSESSMENT CHECKLIST (WILMINGTON, DE)

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Needs and Assets Assessment Activity		Primary Person	Date Due/Done
<b>Engaging Community Partners for EZ/EC Assessment</b>			
	<p><b>Collect previous assessments and reports of health</b>  <i>Assemble previous needs assessments, data reports, assets assessments.  Provide EC with health profile gleaned from sources outside Delaware.  Obtain assessments identified during the interviews of stakeholders.</i></p> <p><b>Inventory of data sources</b>  <i>List of available data and sources.  Obtain community data source information.  Assemble list from interviews.</i></p> <p>List measures desired from each data source  <i>Develop a request for data items from needs identified.</i></p> <p>Assemble a list of data desired from the interviews of key players.</p> <p><b>Gaps in available data identified</b>  <i>Develop a list of health issues and the data needed.</i></p> <p><b>Access to needed data</b>  <i>Submit requests for existing or new analysis of data.</i></p> <p><b>Data collection to fill gaps</b>  <i>Identify data needed. Consult with EC.</i></p> <p><i>Assist in data collection instrument design.</i></p> <p><i>Conduct data collection.</i></p> <p><b>Health status assessment</b>  <i>Assemble data about health issues.</i></p>		

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**EXAMPLE — HEALTH NEEDS AND ASSETS ASSESSMENT  
CHECKLIST (WILMINGTON, DE)**

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Needs and Assets Assessment Activity		Primary Person	Date Due/Done
<b>Engaging Community Partners for EZ/EC Assessment</b>			
	<p><i>Identify findings, gaps, trends, effects in special populations.</i></p> <p><b>Synthesis of data around issue areas- target population, disease, outcomes</b> <i>Synthesize findings.</i></p> <p><b>Assets inventoried</b> <i>List assets, map, strategize.</i></p> <p><b>Examine the policy environment</b> <i>Incorporate policy makers and policy questions into structured interview.</i></p> <p><b>Written conclusions including areas which need attention</b> <i>Needs and Assets  Assessment Report.</i></p>		
<b>Determining Priorities</b>			
	<p><b>Criteria for priority setting (feasibility, importance, etc.)</b></p> <p><b>List of recommendations based on need conclusions</b></p> <p><b>Ascertainment of intervention partners and assets mapping</b></p> <p><b>Assessment of intervention partner involvement</b></p> <p><b>Specification of intervention points and expected outcomes</b></p>		

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**EXAMPLE — HEALTH NEEDS AND ASSETS ASSESSMENT  
CHECKLIST (WILMINGTON, DE)**

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<b>Needs and Assets Assessment Activity</b>		<b>Primary Person</b>	<b>Date Due/Done</b>
<b>Engaging Community Partners for EZ/EC Assessment</b>			
	<b>Prioritize recommendations</b>		
<b>Setting Benchmarks</b>			
	<b>Determine who will select benchmark(s)</b>  <b>Review of possible measures</b>  <b>Select measure(s)</b>  <b>Compare status quo with ideal, “best,” average, or neighbors</b>  <b>Identify data source(s)</b>  <b>Generate calculations of various implementation scenarios</b>  <b>Select benchmark for community</b>		
<b>Communicating Conclusions</b>			
	<b>Communication plan for dissemination of conclusions</b>  <b>Written assessment report</b>		

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## EXAMPLE — HEALTH NEEDS AND ASSETS ASSESSMENT CHECKLIST (WILMINGTON, DE)

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Needs and Assets Assessment Activity		Primary Person	Date Due/Done
Engaging Community Partners for EZ/EC Assessment			
	<b>Short report of conclusions</b>		
	<b>Presentation to community, intervention partners, policy makers</b>		
	<b>Create opportunities to be part of the health improvement process</b>		

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## EXAMPLE — COMMUNITY BIBLIOGRAPHIES (NEW HAVEN, CT AND WILMINGTON, DE)

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## EXAMPLE — COMMUNITY BIBLIOGRAPHIES (NEW HAVEN, CT AND WILMINGTON, DE)

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## EXAMPLE — COMMUNITY BIBLIOGRAPHIES (NEW HAVEN, CT AND WILMINGTON, DE)

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